



Margot Schiemann

MA Memb.IGA BAPPS Dip.ITHP

## Becoming a supervisor

Supervision is essential professional practice and this workshop is aimed at therapists and counsellors who are just expanding their practice towards becoming a supervisor.

We will explore the issues that may occur in the supervisor-supervisee relationship, as well as consider the organizational setting in which supervision takes place. What is the supervisor's role? How does the supervisor monitor and facilitate the supervisee's clinical work? We will consider ethical issues for supervisors and skills development exercises will be demonstrated.

We will look at both individual and group supervision and explore the group process as a rich forum through which to understand the unconscious processes. Resistance and impasse in the therapy will be discussed.

You are invited to bring your own experiences. A variety of therapeutic perspectives within the group will throw light onto the supervision process as we aim to explore this topic creatively as a group.